|  | breakfast |  | lunch | I snack | II snack |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday |  |  |  |  |  |
| Tuesday | Buffet <br> Bread (rye, wheat, wholemeal bread1), butter 7 Sausage (pork loin), cheese7, cappresse salad 7 vegetables (green cucumbers, tomatoes, radishes, colored peppers), pears, apples, <br> Milk and milk products (vanilla cheese) 7, drinks coffee with milk 1.7, <br> 1 Honey whole grain breakfast cereals, dried fruit, bananas, kiwi. <br> Jam (low-sugar apricot, cranberry) and honey | - Vegetables fruits' | Cream of vegetables, Pasta with tomato sauce, fresh vegetables pesto | Yeast with sheep, vegetable, milk | Mix of colourful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea |
| Wendesday | Buffet <br> Bread, Butter7 Hot sausages, Mozzarella cheese7, vegetables (cherry tomatoes, pickled cucumbers, radish, green lettuce), orange, apple, fruit, grape, broccoli and goat's cheese sprout salad with boiled broccoli7 <br> Cocoa with milk 7, milk products (fruit yoghurts) <br> 7, drinks (tea, milk) <br> Whole grain breakfast cereals1, dried fruit (apricots, raisins, cranberries). <br> Jam (low-sweetened elderberry, sea buckthorn) and honey |  | Lentil soup with potatoes Roast chicken tenderloin, rice cooked carrots Rice noodles with vegetables and pumpkin seeds | Focaccia with mozzarella, vegetable | Mix of colourful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea |


| Thursday | Buffet <br> Bread (rye, multi-grain bread, rolls with vegetables and linseed1), Butter 7 Sausages (beef pastrami), Yellow cheese7, vegetables (green cucumbers, tomatoes, radishes, colored peppers, kohlrabi), grapefruit, blueberries, plums, Milk and milk products, natural yoghurt with raspberries7, drinks, <br> Chocolate breakfast cereals1,7, dried fruits, cranberries. Fruit salad <br> Jam (low-sugar) quince, blueberry and honey | Oxalis soup with egg, <br> Dumplings with meat, Russian dumplings, dumplings with cabbage and mushrooms <br> Fresh vegetables | Croissant, vegetable | Mix of colourful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea |
| :---: | :---: | :---: | :---: | :---: |
| Friday | Buffet <br> Whole wheat bread1, Butter 7 Poultry meats, Goat cheese7, vegetables (paprika, celery, tomatoes), fruit, apple, apricot, Milk and milk products (fruit yoghurt, homogenized cheese) 7, drinks coffee with milk, Breakfast cereals (whole grain corn) 1.7, dried fruit sunflower, pumpkin, raisins. <br> Jam (low-sugar raspberry, plum jam) and honey | Pea soup Baked salmon, baked potatoes, fresh vegetable salad Grilled tofu | Vanilla cheese, challah, vegetable | Mix of colourful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea |

NUMERICAL DETERMINATION OF ALLERGENS IN MEALS: 1. GLUTEN; 2. crustaceans; 3. EGGS; 4. FISH; 5. Peanuts; 6. SOYA; 7. MILK; 8. NUTS; 9. SELER; 10. GORCZYCA; 11. SESAME; 12. SULFUR DIOXIDE AND SULFATE; 13. LUPINE; 14. FLUSHERS.

